



# SWEDEN



Sweden is a country rich in opportunities; from the Arctic beauty of the North with its midnight sun, to the castles of the southernmost province Skåne with its more continental flavour. The largest Scandinavian country, Sweden stretches from latitudes similar to the north of England right up to the Arctic Circle and beyond. It is also a land of relatively large areas of wilderness, with huge forests and thousands of lakes with simple log cabins scattered along the shores. The famous, and original, Ice Hotel is in the village of Jukkasjarvi next to the Torne River and a short drive from the regional centre of Gällivare.



## *RVA in Sweden*

RVA in Sweden operates out of comfortable, spacious and warm cabins in Gällivare. This fantastic area is 100 kilometres north of the Arctic Circle, in the middle of Lapland and is on the roof of Europe with the same latitude as Alaska in the west and Siberia in the east. You can't go much further north, yet the Gulf Stream with its warm winds make the climate surprisingly mild. From our cosy base in the snow RVA takes you skiing, kayaking, snow shoeing, dog sledding, rafting and climbing across this brilliant landscape.

## *Why Choose Sweden*

Sweden allows for a diverse range of exciting trips – from the exciting cosmopolitan cities of Stockholm, Malmö and Gothenburg to the rolling green hills of Central Sweden and upto the clear white of the North, where apart from the fantastic skiing, you can try to build an igloo, go dog sledding with huskies, snowmobiling on a snow scooter or skidoo, or take a typical Scandinavian sauna – a great location for winter activities of all kinds. And it doesn't stop there are also hundreds of tiny picturesque islands off the Baltic coast! The question is 'Why Not Sweden?!'





# GO TO: The Arctic Circle



A Rift Valley Adventures Ski trip to the Sweden and The Arctic Circle not only offers a great ski experience but so much more from being above 66 degrees North of the equator. Other snow activities such as building igloos (and sleeping in one for the game!), visiting local people like the Satmi with their reindeers as we learn about their culture and viewing the northern lights. The beauty of the Gallivare region and the Dunderet Ski complex is that there is so much more to do that just ski.

Best time to travel:  
Throughout  
Group numbers:  
1???  
Est. cost for 10 day trip:  
2,350euros

## ADVENTURE

- Skiing
- Snowboarding
- Snowblading
- Snow Shoeing
- Dog Sledding
- Snow Mobile Tours
- Ice Climbing and Mountain Hiking
- Wilderness Ice Fishing
- Igloo Building
- Whale Watching
- Boda Borg House inside the Mountain Adventure

## COMMUNITY

- Interaction with Local Swedish School to share experiences
- Visit Sameviste: experience ancient Satmi/Lapp culture
- Traditional Methods of cooking, making tools, hunting. Art etc

## FIELD TRIPS

- Ski school at Dunderet
- Visit the Ice Hotel and learn of the construction
- Learn about the mining culture in Kakstan
- Experiene the breathtaking spectacle of the Northern Lights
- Duke of Edinburgh Award

## WHAT SHOULD I BRING?

- Large Ruck Sack or Soft Bag
- Small bag for everyday use
- Winter/Water Proof outer layer
- Wind/Water Proof Pants
- Fleece Jacket
- Fleece or Track Pants
- Thermal top and bottoms
- Woolen Jumper or Warm Fleece Jacket
- Warm Socks
- Balaclava or warm head wear
- Warm Boots/shoes for walking around
- Gloves for skiing and general use
- Good UV A & B Sunglasses for Skiing
- Normal Daily Clothes
- A camera to capture the moments of your unforgettable adventure





# THERES MORE



If its more than The Artic Circle you are looking to explore RVA can arrange your trip to various destinations around this lush European country. Sweden's capital, Stockholm, is known to be one of the most beautiful cities in the world and surrounding this dazzling city lies 24,000 or so rocky islands that make up the archipelago. It is also home to an intense green countryside scattered with ancient castles, impenetrable forests and remote islands.

RVA stands out from other Adventure Travel Groups because we can take you anywhere you want to go and do anything you want to do. We tailor make your itinerary every time. Its all about you!

If you want to know more about these and other exciting trips in Europe with Rift Valley Adventures contact us now and we can tailor make your itinerary to suit your needs!

info@riftvalleyadventures.com  
+254 (0) 724 252 401 or +254 (0) 712 426 999

*- learning through adventure -*